

Forest Hill

Principal:
Cameron Williams



Public School

Newsletter

Term 4 Week 3 2019

"In Friendship We Learn"



5/6A enjoying their Robotics session in the hall.

A proud member of the Wagga Wagga Community of Public Schools



Forest Hill Public School

■ Principal: Cameron Williams
■ P (02) 6922 7251
■ F (02) 6922 7858
■ Sturt Hwy, Forest Hill NSW 2651
■ foresthill-p.school@det.nsw.edu.au
■ www.foresthill-p.schools.nsw.edu.au

“In Friendship We Learn”

■ 2019 ■ Term 4 ■ Week 3

■ Newsletter

Term 4 Upcoming Events

Thu 31/10	CHORDS Performance
Mon 4/11	2M Assembly
Tue 5/11	School Disco Infants 5-6pm Primary 6-7.30pm
Mon 11/11	School Performance K-6 “Brilliant at Being Resilient” 2pm
Tue 12/11	Kinder Transition No. 5 9.30am - 1pm
Wed 13/11	Inclusion Athletics Carnival
Wed 13/11	P&C Meeting 6.30pm
Fri 15/11	KJ & K/1B REEC Excursion
Mon 18/11	4/5S Assembly
Tue 26/11	Kinder Transition No. 6 9.30am-1pm
Mon 2/12	Assembly - Captain Speeches
Tue 3/12	Kinder Parent Information Evening 6-7pm
Tue 10/12	Year 6 Dinner Disco
Thu 12/12	Presentation Night 6-7pm
Wed 18/12	Students' Last Day Whole School Rewards Day

CANTEEN

This Thursday 31st October will see some low-key “spooky” items available to purchase for recess.

Commencing next Monday 4th November and running through to Friday 29th November, the canteen will be running a “Fantastic Fun Box” promotion. Order a Fun Box lunch on any day and look for a special \$5 note. Return this to the canteen to enjoy \$5 to spend at the canteen. Winners will be randomly chosen (1 per day).

Monday Special

Recess - Pancakes
Monday \$5 Fun box

Good Manners Award - Harmony G

Canteen Roster

Monday 4/11	Kylie Eckert
Wednesday 6/11	Jenny Murtagh
Thursday 7/11	Jenny Murtagh
Friday 8/11	Jayde Apps

BOOK CLUB

Orders and money are due tomorrow Thursday 31st October.

SkoolBag

Forest Hill Public School

P&C

Uniform shop opens the first Wednesday of each month, next one being the 6th of November, from 8.30am - 9.15am. Orders can be placed at anytime via the school office or via messenger and they are filled each Monday morning.

P&C are now offering current stock of girls summer dresses at a reduced price of \$30. Dresses are available in sizes 6,8,10 &12. Shorts and Skorts also on special for \$10. We accept donations of good quality used uniforms to go into our second hand clothing pool. These items can then be purchased: shirts, bottoms and jumpers for \$2 and jackets or dresses \$10. Items and sizes are varied. We will be running the Christmas raffle again this year, including class prizes donated by the P&C. If you have a business or know of anyone willing to donate goods or vouchers to contribute, please let us know. A note will be sent home soon in regards to this year's Christmas Raffle. These fundraisers raise money that is directly donated back to the school to purchase resources and equipment for all students to utilise. We thank you all for your ongoing support.



BE AWARE OF SNAKES

Due to warmer weather we have had a couple of snakes visit us. We endeavour to keep everyone safe. If you could assist us with this by reinforcing with your children what to do if they come across one it would be greatly appreciated.

Though it might seem difficult, one of the most important (and often-repeated) pieces of advice when spotting a snake is to remain calm.

Stay still, don't panic and try to move slowly away.

The reptile generally attacks only if it feels threatened.



CALLING ALL DADS OF primary school-aged (K-6)* daughters.

- Spend quality time with your daughter(s) engaging in a mix of education sessions and fun practical activities.
- Help improve her sport skills, confidence, self-esteem and resilience.

WHEN	PROGRAM TYPE	WHERE	COST
Wednesday evenings 16 October - 11 December	Classic	Wagga Wagga PCYC 22 Gurwood Street, Wagga NSW 2650	FREE* *Must be a PCYC member

*Participants should be at primary school or a minimum of five years old

To find out more and to book your spot, visit
sport.nsw.gov.au/daughtersdads

For more information or book your place
☎ 13 13 02
🌐 sport.nsw.gov.au/daughtersdads



Daughters and Dads Active and Empowered program is an award-winning evidence-based initiative, proven to enhance the physical and social-emotional well-being of girls, developed by the University of Newcastle, Australia. If you're a dad with primary school-aged* daughter(s) this is for you. Your daughter will walk away feeling empowered with improved fundamental movement skills and you'll get one-on-one time doing dad-tested activities.

ABOUT THE PROGRAM

The program involves a mix of both theory-based education sessions and fun practical activities.

EDUCATION SESSIONS

Dads learn the unique and powerful influence they have on their daughter and parenting strategies to encourage gender equity. Daughters walk away feeling empowered against the culture of gender prejudice existing in many aspects of their lives, particularly regarding physical activity.

The daughters' education sessions focus on developing key social and emotional skills including:

- Self-control
- Persistence
- Critical thinking
- Resilience
- Self-reliance

PRACTICAL SESSIONS

The practical sessions focus on rough and tumble play, fitness and sport skills. The program focusses on foundations skills necessary for a range of sporting activities including:

- Kicking
- Catching
- Bouncing
- Striking and throwing

DAUGHTERS AND DADS CLASSIC PROGRAM INCLUDES:

- Nine 90-minute weekly group sessions at 6:15pm - 7:45pm starting Wednesday 16 October
- Practical sessions focus on rough and tumble play, sport, and fundamental movement skills
- Theory sessions focus on building confidence, self-esteem, and resilience in girls
- Daughters and dads receive a program t-shirt and drink bottle

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For more information or book your place
☎ 13 13 02
🌐 sport.nsw.gov.au/daughtersdads





WHEN: Tuesday, 5th November 2019

WHERE: FHPS Hall

**TIME: Infants 5-6pm
Primary 6-7.30pm**

THEME: Wear a Fancy Hat

COST: \$5 (This covers entry, food and drink)

Come along with your most favourite, stylish or unique hat! There will be prizes for the best ones.

We can't wait to see you there!

LIDS 4 KIDS

We are collecting for this awesome organisation. Please drop off clean bottle tops and bread clips to the office.

Lids4Kids

Leave us the plastic lids from your milk, water, juice and soft drink bottles and they'll be converted into prosthetic hands for kids.

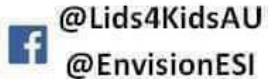
From this



To this



For more information check out:



<https://envision.org.au/envision-hands/>

