

# Forest Hill

Principal:  
Cameron Williams



Public School

# Newsletter

Term 4 Week 7 2019

“In Friendship We Learn”



**Xena,  
Forest Hill Public School's Therapy Dog  
enjoying her visits to 3G and 4/5K.**

*A proud member of the Wagga Wagga Community of Public Schools*



# Forest Hill Public School

- Principal: Cameron Williams
- P (02) 6922 7251
- F (02) 6922 7858
- Sturt Hwy, Forest Hill NSW 2651
- foresthill-p.school@det.nsw.edu.au
- www.foresthill-p.schools.nsw.edu.au

“In Friendship We Learn”

2019 Term 4 Week 7

Newsletter

## Term 4 Upcoming Events

Fri 29/11	Note and money due for Wagga High Performance
Mon 2/12	Assembly - Captain Speeches
Tue 3/12	Kinder Parent Information Evening 6-7pm
Thu 5/12	OOSH Buiding Opening and Christmas Party
Fri 6/12	Christmas Hamper Raffle tickets due in
Tue 10/12	Year 6 Dinner Disco
Tue 10/12	Note and money due for Year 6 Movie Excursion
Thu 12/12	Presentation Night 6-7pm
Wed 18/12	Students' Last Day Whole School Rewards Day

## OFFICE - ABSENTEES

We have been informed from NSW Dept of Education that all absences, whether it is a full day or partial day, need to be explained.

It is a legal requirement that you escort your child to the office and give a reason for their lateness please. Before picking up your child early come to the office to sign out and explain the reason for their early departure.

For full day absences, you may ring, send in a note or submit an absentee on the Skoolbag app.

If this does not happen the school will send a form home for you to return explaining their absence.

## NEW STUDENTS

We are currently taking enrolments for 2020. If you live in the area please collect an enrolment form from the school.

## CANTEEN

As the end of term draws nearer, some menu items may begin to become unavailable due to a wind down of stock for the holiday period. Children will be asked to make another selection and where possible items unavailable will be mentioned in the newsletter.

Lucky winners of our \$5 fun box promotion this week are Toby B, Drew L and Cooper H.

## Monday Special

Recess - Pancakes  
Monday \$5 Fun box

Good Manners Award - Shade G

## Canteen Roster

Monday 2/12	Kylie Tribe
Wednesday 4/12	Jenny Murtagh
Thursday 5/12	Jenny Murtagh
Friday 6/12	Trisha Enever



# Forest Hill Public School

## SCHOOL SWIMMING LESSONS 2020



Notes have been sent home this week to students who are turning 8, 9 or 10 years old in 2020.

We will be taking 60 students between weeks 3 and 10 in term 1 next year.

The total cost is \$75. Part payments can be made: \$30 in term 4, 2019 and \$35 in term 1, 2020 or full payment.

To secure your child's position in the program, we recommend making a payment ASAP.

## FOREST HILL OOSH

As many of you may have seen, OOSH has a fantastic new building. We now have places available for before and after school care both this year and next and for the January Vacation Care. If you are interested in booking a permanent or casual place for any of these sessions, please drop in between 7am and 9am or 2.30pm and 6pm or email [foresthilloosh@bigpond.com](mailto:foresthilloosh@bigpond.com)

## Building Opening and Christmas Party

This year our Christmas party will be held on 5th December between 6pm and 8pm at the service. As this will also be the Official Opening of our new building we are inviting the whole community. Feel free to come along and check out the new building, have a free sausage sizzle, there are activities for the children and Santa may even stop by.

## PROUD AND DEADLY AWARDS



On Tuesday, 26th November some of our Indigenous students received Academic awards at the Proud and Deadly Awards presentation. The awards first commenced as a way to recognise, celebrate, and award Aboriginal and Torres Strait Islander students' achievements through the school year in academics, art, music, leadership, recreation and contribution to the community.

These awards build Aboriginal and Torres Strait Islander students pride, self-esteem and passion to encourage further achievement.

## SRC FUNDRAISER



Tuesday, 26th November was Silly Sock Day. It was a great success thanks to students making a donation to wear their silly socks. Total amount raised was \$214.70.





## 2019 Christmas Hamper Raffle

**\$2 Per Ticket**

*Our prize hampers will be made up from a combination of donated vouchers, Christmas goods and non perishable foods generously donated by our families. To ensure we receive a variety of items to create the best hampers we are asking each class to donate:-*

*KJ-Shortbread/Sweet Biscuits*

*K/1B- Christmas Cakes/Puddings*

*1S-Christmas Tableware (Disposable plates/Napkins etc.)*

*1/2T- Christmas Wrapping/Bon Bons/Decorations*

*2M-Condiments (Sauces/Chutneys/Dressings)*

*3G- Lollies/Confectionery*

*3/4S- Softdrinks/Juices*

*4/5S- Chocolates/After Dinner Mints*

*5/6A- Nuts*

*5/6D-Christmas Nibbles (Pretzels/Shapes/Chips etc.)*

*There are class prizes donated by P&C for donations and selling tickets. So, the more donations or tickets you sell the more tickets you will receive in the class prize draw.*

***We are asking each child to sell a book of 5 tickets at \$2 each.***

*Please return all tickets sold and unsold by 6th December.*

*All money goes directly into improving our schools facilities and resources.*

**Drawn at Presentation night on 12th December. More Tickets are available from the office.**

## LIDS 4 KIDS

There has been a wonderful response so far to this cause.

To help us at the office, could you please make sure all lids are clean eg no dried milk and could the plastic insert inside the lid be removed before dropping off to the office.

# Lids4Kids

Leave us the plastic lids from your milk, water, juice and soft drink bottles and they'll be converted into prosthetic hands for kids.


From this



To this



For more information check out:

 @Lids4KidsAU  
@EnvisionESI

<https://envision.org.au/envision-hands/>



**ALLIANCE FRANÇAISE DE WAGGA  
WAGGA Inc.**

### FRENCH COURSES 2020

All levels for Adults, High School &  
Primary School Students, Children &  
French for Travellers

Classes Start: February 2020

Information & Enrolment Evening:  
Tuesday 4<sup>th</sup> February 2020 at the  
ARCC Hall  
131 Tarcutta Street, Wagga Wagga

Phone: 0438 107 658 or 69 202294

Email: [info@afwaggawagga.org.au](mailto:info@afwaggawagga.org.au)  
Website: [www.afwaggawagga.org.au](http://www.afwaggawagga.org.au)



Nutrition Snippet

## The simplest way

... to make healthy party food.

Celebration season is upon us – but party food doesn't have to be unhealthy. Fruit and veg are bright and colourful and make the perfect ingredient for special party foods. Try these fun ideas:

- Watermelon fruit salad bowl
- Pita bread Christmas trees
- Frozen yoghurt pops
- Watermelon cookie cutter shapes
- Banana and strawberry candy cane



[healthylunchbox.com.au](http://healthylunchbox.com.au)



Nutrition Snippet

## The simplest way

... to make beetroot hummus.

### Ingredients (serves 8)

- 2 medium sized beetroots, skin on
- 400g can chickpeas, rinsed and drained
- 1/3 cup tahini
- 1/2 large lemon, juiced
- 1/4 cup olive oil
- 2 garlic cloves, crushed
- 1/4 tsp cumin
- 3-4 tbsp water
- Pinch of salt



### Method

Pre-heat oven to 200°C. Wrap each beetroot in foil and roast for 1-2 hours (depending on size) until soft. Remove from the oven and cool. Peel and chop into chunks.

Place all ingredients in a food processor with only one tablespoon of water. Process until smooth. Add more water, one tablespoon at a time until the desired thickness is reached.

Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for more recipes and ideas.

[healthylunchbox.com.au](http://healthylunchbox.com.au)

