

# Forest Hill

Principal:  
Cameron Williams



Public School

# Newsletter

Term 3 Week 10 2019

**"In Friendship We Learn"**



## JUMP ROPE FOR HEART

Last Friday, all students participated in the "Jump Off" to mark the end of our Jump Rope for Heart program. Thank you to all the family and friends who came along to support us, watch us demonstrate our skills and join in the fun with us. As always, students have loved participating in Jump Rope for Heart this term.

The school has exceeded its online fundraising target of \$2000 so congratulations goes to all students who have raised money along the way and thank you to those who have donated.

***A proud member of the Wagga Wagga Community of Public Schools***



# Forest Hill Public School

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■ [www.foresthill-p.schools.nsw.edu.au](http://www.foresthill-p.schools.nsw.edu.au)

"In Friendship We Learn"

■ 2019 ■ Term 3 ■ Week 10

■ Newsletter

## Term 3 Upcoming Events

|                    |                              |
|--------------------|------------------------------|
| Thu 26th September | Stage 3 Beechworth Excursion |
| Fri 27th September | Last day of Term 3           |
| Mon 14th October   | Students return for Term 4   |

## CANTEEN

Congratulations to Tyrone P who is the lucky winner of a Fruit & Vegetable Box as part of our recent fruit & vegetable promotion. All entries have now been forwarded to Sydney for the major prize draw. Good luck to all students who participated. The canteen will operate as normal from Monday 14th October when all our new Fun Box \$5 specials will commence. A new menu will arrive home early in the first week of next term.

**Monday Summer Special** - Fun Box \$5

**Good Manners Award** - Maddison L

## Canteen Roster

|                 |               |
|-----------------|---------------|
| Monday 14/10    | Kylie Eckert  |
| Wednesday 16/10 | Jenny Murtagh |
| Thursday 17/10  | Jenny Murtagh |
| Friday 18/10    | Trisha Enever |

## LOST PROPERTY

All unclaimed non-school clothing will be donated to St Vincent de Paul over the school holidays. Please check by Friday afternoon if you have lost any clothing.

## Award Winners

### KJ

Joshua H, Eloise B, Sophia B, Ellodie W

### K/1B

Odin M, Angus H, Izabelle W, Addison E

### 1S

Nevaeh L, Imogen L, Ruby B, Kaci K

### 1/2T

Reese E, Pypha H, Hayden L, Malakai D

### 2M

Anabelle R, Christopher H, Havana R, Tyler B

### 3G

Jacob M, Neha S, Eli J, Ayden P, Charlotte W

### 3/4S

Andi S, Tuscany R, Erica F, Lachlan V, Keelei D

### 4/5S

Harmony G, Shelley B, Riley P, Jack T, Matilda D

### 5/6A

Yindi J, Shade G, Matilda J, Annabelle B, Sienna T

### 5/6D

Amelia E, Grace R, Jayden B, Tom C, Sophie V

**MISS RUSCHEN'S LIBRARY AWARD**

## HUME BANKING



School banking with Hume Bank will recommence 22nd October (Week 2).



# Forest Hill Public School

## JUMP ROPE FOR HEART



## SPOTLIGHT ON 3G

### Build a Bridge Project

This term, 3G have been investigating and learning about the materials in science. Students have been discussing ways to decide upon which materials to use for a particular purpose. After discussing the Sydney Harbour Bridge and what materials were used and why, they then built their own bridge prototype. This bridge needed to be built to reconnect Forest Hill with Wagga Wagga, after a devastating earthquake. Students worked in teams to design, build and test their prototypes in order to solve the problem. It was a lot of fun!







## NOAH'S PIG RACING

THOMAS BLAMEY TAVERN  
SUNDAY 6th OCTOBER 2019

## FAMILY FUN DAY

COME ALONG AND HELP RAISE MONEY FOR COUNTRY HOPE



- Kick off 12 noon
- Jumping castle
- Face painting

### 1st RACE 1pm

Sweepstakes and pig auctions

## HOLIDAY KIDS KLUB - SOUTH WAGGA ANGLICAN CHURCH

### "All Aboard"

Come and join us on the deck as we work together to face the wind and sea. SWAC's All Aboard Holiday Kids Klub will place you on deck with our crew as we learn to trust in Jesus and his guidance even in the middle of the storms. Our Holiday Kids Klub is for kindies through to year 6 and parents and care givers are welcome to stay throughout the morning in our parent café.

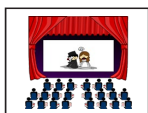
Wednesday 2nd October - Friday 4th October, 9:00am - 12:30pm each day.

Tickets \$10 per day, or \$25 for the entire 3 days. Maximum \$60 per family. If you have more than 2 children, please use the discounted tickets to receive the correct discount. Contact our office for further information: 02 6925 1707.

## INTERSPORT WAGGA LAKE RUN RIDE - SCHOOLS CHALLENGE



The Wagga Lake Run and Ride is the largest free entry community participation sporting event in the Wagga and surrounding areas. Participants can walk or run 5km, or ride 10km around Lake Albert and through the streets of Wagga on Sunday the 29th September. This year's Wagga Lake Run Ride includes a new Schools Challenge to encourage participation and support local schools. When students enter the Lake Run Ride, they can nominate a school for the Schools challenge. The school with the greatest number of finishing participants will win the \$500 Schools Challenge prize.



*Defence Family Movie Afternoon.*

*Friday 27<sup>th</sup> September 2019.*

*For more information*

*Please call*

*DSM - Rachel Dolan*

*Ph: 69312703*

*DSM- Cherrie Godwin*

*Ph: 69227251*

**Ugly Dolls  
Rated G**





## When and where?

Saturday 28 September 2019  
10am – 4pm | Botanic Gardens Wagga Wagga  
For kids aged 2-12 | Free entry

## Kids who Glow - \$30

Popular Australian TV hosts, Olivia Phylant (formerly from Wagga Wagga) and Teigan Nash, have added a Spring Jam twist to their 60 minute workshops and will lead two KIDS WHO GLOW workshops for girls and boys aged seven to 13 years.

## High Voltage Rock School - \$30

For ages five to 12 years, these performance-based 120 minute workshops are ideal for aspiring young musos. Learn an instrument and then play in your new band on the Spring Jam Main Stage. Instruments provided.

For full program details see the Spring Jam website <https://visitwagga.com/springjam/program>

## CHRISTMAS FAIR

Presented by  
THE WAGGA WAGGA COMMITTEE OF  
**Children's Medical  
Research Institute**

Over **90** specialty stalls with  
Christmas gifts for everyone

**Friday  
October 25th  
10.00am – 5.00pm**

**Saturday  
October 26th  
10.00am – 4.00pm**

**Murrumbidgee  
Turf Club**

**ENTRY**  
Adults \$5  
Children 14yrs and under free  
EFTPOS facilities available onsite

**Lunch, morning and afternoon  
tea served in the Champagne Bar**

Find us on Facebook   
'Wagga CMRI Christmas Fair'  
Follow us on Instagram at   
[cmriwaggawaggachristmasfair](https://www.instagram.com/cmriwaggawaggachristmasfair)  
[cmriwaggawagga@hotmail.com](mailto:cmriwaggawagga@hotmail.com)

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Thank you to all our supporters including:

# Skool|Bag

# Forest Hill Public School



OFFICE OF SPORT

## CALLING ALL DADS OF primary school-aged (K-6)\* daughters.

- Spend quality time with your daughter(s) engaging in a mix of education sessions and fun practical activities.
- Help improve her sport skills, confidence, self-esteem and resilience.

| WHEN   | PROGRAM TYPE | WHERE  | COST                            |
|--|--------------|--|---------------------------------|
| Wednesday evenings<br>16 October - 11 December | Classic      | Wagga Wagga PCYC<br>22 Gurwood Street,<br>Wagga NSW 2650 | FREE*<br>*Must be a PCYC member |

\*Participants should be at primary school or a minimum of five years old

To find out more and to book your spot, visit  
[sport.nsw.gov.au/daughtersdads](http://sport.nsw.gov.au/daughtersdads)

For more information or book your place

☎ 13 13 02

🌐 [sport.nsw.gov.au/daughtersdads](http://sport.nsw.gov.au/daughtersdads)



Daughters and Dads Active and Empowered program is an award-winning evidence-based initiative, proven to enhance the physical and social-emotional well-being of girls, developed by the University of Newcastle, Australia. If you're a dad with primary school-aged\* daughter(s) this is for you. Your daughter will walk away feeling empowered with improved fundamental movement skills and you'll get one-on-one time doing dad-tested activities.

### ABOUT THE PROGRAM

The program involves a mix of both theory-based education sessions and fun practical activities.

#### EDUCATION SESSIONS

Dads learn the unique and powerful influence they have on their daughter and parenting strategies to encourage gender equity. Daughters walk away feeling empowered against the culture of gender prejudice existing in many aspects of their lives, particularly regarding physical activity.

The daughters' education sessions focus on developing key social and emotional skills including:

- Self-control
- Persistence
- Critical thinking
- Resilience
- Self-reliance

#### PRACTICAL SESSIONS

The practical sessions focus on rough and tumble play, fitness and sport skills.

The program focusses on foundations skills necessary for a range of sporting activities including:

- Kicking
- Catching
- Bouncing
- Striking and throwing

### DAUGHTERS AND DADS CLASSIC PROGRAM INCLUDES:

- Nine 90-minute weekly group sessions at 6:15pm - 7:45pm starting Wednesday 16 October
- Practical sessions focus on rough and tumble play, sport, and fundamental movement skills
- Theory sessions focus on building confidence, self-esteem, and resilience in girls
- Daughters and dads receive a program t-shirt and drink bottle

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For more information or book your place

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🌐 [sport.nsw.gov.au/daughtersdads](http://sport.nsw.gov.au/daughtersdads)





**Open Day**

**Come and join us to Celebrate Amy Hurd Early Learning Centre's 30<sup>th</sup> Anniversary.**

**When: Saturday 26<sup>th</sup> October**

**Time: 10am-1pm**

**Where: 2 Kulgoa St**

- Official welcome at 12pm
- Opening of time capsule from 2009
- Sausage sizzle
- Photo displays
- Musical items by Amy Hurd Children

**Lake Albert Public School Choir**

**All past children, families, staff and friends invited to call in and say hi.**

**Ph: 69226226**

**Come and join us to celebrate**

**AMY HURD EARLY LEARNING CENTRE'S 30<sup>TH</sup> ANNIVERSARY GALA DINNER**

**WHEN**  
Saturday 26<sup>th</sup> October @ 6pm

**WHERE**  
International Hotel,  
Lake Albert Road  
Wagga Wagga

**COST**  
\$65 per person

**BOOKING**  
<https://www.trybooking.com/542402>

**MUSIC BY CHARLES PATTERSON**

**2 COURSE MEAL**

**CATCH UP WITH OLD FRIENDS**

**ACROBATIC DISPLAY BY ZANA AERIAL DANCE ACADEMY**

**Ph 69226226**



